

# PACK (FOR) PAKISTAN

The Afya Foundation is partnering with Khyber Eye Foundation to collect and ship medical and humanitarian relief supplies to help victims of the flood



*At least 15 to 20 million people need shelter, food and emergency care.*

## YOU CAN HELP TOO!

We are sending containers, and are collecting the following items which will be distributed at IDP camps:

- general medical supplies
- blankets
- tents
- tarps
- personal hygiene kits
- female sanitary pads
- diapers
- diarrhea medicines
- dried milk for children & families
- high nutrition biscuits
- electrolyte/sports drink powder
- mosquito repellent
- prickly heat powder
- children anti-rash creams
- water purification tablets
- granola bars
- dried fruit and nuts
- fruit juice

**Please note:** *At this time, we cannot accept clothing, but would welcome any financial support to help us get these donations to their destination.*

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[www.afyafoundation.org](http://www.afyafoundation.org)